

FAMILY 101

Empowering Families of Children with Special Needs

Prospectus for Seminar-Workshop Package



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Certified Interprofessional Education Trainer



FAMILY 101

Background

The Filipino family is described as basically nuclear (husband, wife, and children in an independent household) but functionally extended, which means that there is a high recognition and respect for the ties between the nuclear family and the whole network of relatives – grandparents, godparents, uncles, aunts, cousins, etc. (Ong, 2001). A unique characteristic of a Filipino family is that everyone plays some part in raising the children within the family.

However, during the past decades, the Filipino family has been changing its configurations due to social realities such as poverty, technological advancements, and globalization. Today, families have become less traditional and more flexible (Lamanna & Reidmann, 2006). There is now a proliferation of different family forms: two-earner, single parent, stepfamilies, and families with children who have special needs.

In families with a child who has special needs, it is vital to introduce the importance of parent-professional collaboration as this kind of partnership promotes that both professionals and the family have important expertise and knowledge that will make a difference in a child's life (Humphry & Case-Smith, 2005). When undergoing a family-centered approach, the care providers (occupational therapy, physical therapy, speech-language pathologist, developmental pediatrician, etc.) demonstrate a family orientation that establishes trust and builds rapport and conveys to the family a "willingness to orient services to the whole family, rather than just the child" (Humphry & Case-Smith, 2005).

The Family 101 program aims to provide helpful information for parents, carers, and teachers about their primary needs from qualified health care providers. Also, it is an event that can be attended by anyone who is responsible in rearing the child with special needs who is within the infancy to adolescence stage.

Seminar & Workshop Outcomes

1. To discuss the **myths and truths** about **disability**.
2. To explain basic principles on children's **sensory processing abilities** and **behavioral responses** based on stimuli from the environment.
3. To identify **positive behavioral support systems and sensory-rich activities** for use at home, in school, and in community.
4. To discuss **family-centered and collaborative care approaches** throughout the therapy process.
5. To create a **team-based plan** for the evaluation, intervention, and goals of children with special needs among **parents, teachers, and health & social care professionals**.

Learning Experience & Methods

Time	Activity / Topic	Learning Method	Materials
30 mins	Disability perspectives	Lecture/Seminar (with 5-min breaks)	LCD projector Laptop (Windows) USB
30 mins	Sensory processing & behavioral issues		
30 mins	Positive behavioral & environmental supports		
30 mins	Family-centered care approach & collaboration		
60 mins	Lunch break		
30 mins	Case study session	Facilitated Workshop (with Q&A)	4 1/2 illus. board 4 packs sticky notes 4 marker pens 1 pack Glutac™ 1 pack colored chalk
30 mins	Output oral reporting		
30 mins	Processing & open forum		

Inclusive Articles

Family 101: a) supplemental hand-outs, b) certificate template, and c) case study samples

Speaker Qualifications

Michael P. Sy is a Filipino occupational therapist (OT) and educator who developed the “Family 101 Program” during his graduate studies in 2012 at the University of the Philippines Manila. The core concepts embedded in the program were all derived from his clinical experience as a pediatric OT and international qualifications in disability affairs and support (JICA Training Program for Young Leaders, 2010) and interprofessional education training (World Health Organization and Gunma University [JPN], 2013). He has conducted Family 101 programs locally (Cagayan de Oro, Cebu, Ilocos Sur, Palawan, Pampanga, South Cotabato, Bataan, Mindoro Occidental, Cavite, Bulacan, Batangas, & Manila) and abroad (Japan, Vietnam, & Malaysia). For more information, Mr. Sy’s curriculum vitae will be provided upon request.

Family 101 Program Fees

- Package fee: PhP 15,000 (additional fees will apply for patient and/or organizational consultations)
- Speaker’s transportation, accommodation, and meals shall be provided by the organization.

References:

- Humphry, R. & Case-Smith, J. (2005). Working with families. In J. Case-Smith (Ed.), Occupational therapy for children (5th ed.) (pp. 117-159). St. Louis, MO: Elsevier, Inc.
- Lamanna, M. A. & Riedmann, A. (2006). Marriages and families: Making choices in a diverse society (9th ed.). CA: Thomson Learning, Inc.
- Ong, M. (2001). The role of the family in Philippine society and in the protection of children’s rights. Child Protection in the Philippines, May 2001 Issue. Retrieved from <http://www.childprotection.org.ph/>